

	Track/Theme	Youth and Young Adults (Age 18-28)	Setukari (Young Couples) (Age 29-40)	Grihastha (Age 41-55)	Vanaprastha (Age 56 and above)	BV Teachers
Sat July 31st, 2021 Timing: 3:30 to 5 pm	Excellence in Relationship	Effective Communication with Parents Facilitator: Swamini Supriyananda Center: CM Hong Kong	Sharing Your Thoughts with Your Better-Half Facilitators: Vivek ji Center: CM Niagra and Smt. Vilasini ji Center: CM St.Augustine, Florida	Bridging the Generation Gap Facilitator: Swami Sarveshananda Center: CM Dallas	Detach and Attach Facilitator: Swami Shantananda ji and Shri Mahadevan ji Center: CM Princeton and CM Los Angeles	Bonding with Children Facilitator: Swamini Akhilananda ji Center: CM Miami
Sun Aug 1st, 2021 Timing: 3:30 to 5 pm	Personal Excellence	Secret for Stress-free Success Facilitator: Brni. Shweta Chaitanya Center: CM Houston	Personal and Professional Challenges Facilitator: Swami Ishwarananda ji Center: CM Los Angeles	Balancing Work and Life Facilitator: Br. Soham Chaitanya Center: CMSJ	Daily Life of Vanaprastha Facilitator: Swami Shivatmananda ji Center: CM Austin	Modern Techniques, Ancient Knowledge Facilitator: Brni. Archana Chaitanya Center: CM Dallas
Mon Aug 2nd, 2021 Timing: 3:30 to 5 pm	Sadhana	Values for Positivity Facilitator: Brni. Shubhani Chaitanya Center: CM New York	Spiritual Companionship Facilitator: Swami Prakashananda Center: CM Trinidad	Developing Love for God Facilitator: Swami Sharanananda ji Center: CM Chicago	Live, Love, Leave Facilitator: Smt. Sharda Kumar ji Center: CM Ann Arbor	Personal Growth as a Bala Vihar Teacher Facilitator: Swamini Supriyananda ji Center: CM Hong Kong