

# MSC 2021 Program Schedule

Date	Estimated Time	Adult Session	Bala Vihar Session <small>* Please refer to separate BV/Shishu schedule for additional daily details</small>	CHYK Session	Setukari Session
Friday 07/30/2021	10:00 - 3:00 PM	Welcome & Registration	Welcome & Registration	Welcome & Registration	Welcome & Registration
	12:00 - 1:00 PM	Lunch	Lunch	Lunch	Lunch
	4:15 - 4:45 PM	Tea/Juice/Snacks	Tea/Juice/Snacks	Tea/Juice/Snacks	Tea/Juice/Snacks
	5:00 - 5:45 PM	Opening Ceremony	Opening Ceremony	Opening Ceremony	Opening Ceremony
	6:00 - 7:15 PM	Opening Discourse - Swami Swaroopananda Ji	Bala Vihar Orientation	Opening Discourse - Swami Swaroopananda Ji	Opening Discourse - Swami Swaroopananda Ji
	7:15 - 7:30 PM	Aarati	Aarati	Aarati	Aarati
	7:30 - 7:50 PM	Camp Orientation/ Announcements	Camp Orientation/ Announcements	Camp Orientation/ Announcements	Camp Orientation/ Announcements
	7:50 - 8:00 PM	Bhagavad Gita Chapter 15 chanting	Bhagavad Gita Chapter 15 chanting	Bhagavad Gita Chapter 15 chanting	Bhagavad Gita Chapter 15 chanting
	8:00 - 9:00 PM	Dinner	Dinner	Dinner	Dinner
	9:05 - 9:45 PM	Cultural Program	Cultural Program	Cultural Program	Cultural Program
	10:00 PM	Camp Lights Out	Camp Lights Out	Camp Lights Out	Camp Lights Out

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Date	Estimated Time	Adult Session	Bala Vihar Session	CHYK Session	Setukari Session
Saturday 07/31/2021	5:00 - 5:30 AM	Yoga	-	Yoga	Yoga
	5:40 - 6:10 AM	Meditation	-	Meditation	Meditation
	6:10 - 6:40 AM	Morning Tea/Coffee	-	Morning Tea/Coffee	Morning Tea/Coffee
	6:40 - 7:00 AM	Chanting Session	-	Chanting Session	Chanting Session
	7:00 - 8:15 AM	Sthitaprajna Lakshana - Swami Shantananda Ji's Discourse	Arise & Awake 101	Facing Adversities Through Love - Swami Sarveshananda ji's & Br. Soham Chaitanya	Sadhana Panchakam - 40 Steps to Self-perfection - Swami Ishwarananda ji' Discourse
	8:15 - 8:30 AM	Announcements	Walk to Lobby	Announcements	Announcements
	8:30 - 9:30 AM	Breakfast	Breakfast	Breakfast	Breakfast
	9:30 - 9:45 AM	Bhajan Session	Walk to assigned class rooms	Bhajan Session	Bhajan Session
	9:45 - 11:00 AM	Maneesha Panchakam - Swami Swaroopananda Ji	Bala Vihar / Shishu Session 1	Maneesha Panchakam - Swami Swaroopananda Ji	Maneesha Panchakam - Swami Swaroopananda Ji
	11:00 - 11:15 AM	Aarati/Announcements	Bala Vihar/Shishu continues	Aarati/Announcements	Aarati/Announcements
	11:15 - 12:00 PM	Presentations/Announcements	Bala Vihar/Shishu continues	Presentations/Announcements	Presentations/Announcements
	12:00 - 12:15 PM	Bhagavad Gita Chapter 15 chanting	Bhagavad Gita Chapter 15 chanting	Bhagavad Gita Chapter 15 chanting	Bhagavad Gita Chapter 15 chanting
	12:15 - 1:30 PM	Lunch	Lunch	Lunch	Lunch
	1:30-3:00 PM	Reflection/Rest	Optional Art Time (SIGN-UPS at camp)	Reflection/Rest	Reflection/Rest
	3:00-3:30 PM	Tea/Juice/Snacks	Tea/Juice/Snacks	Tea/Juice/Snacks	Tea/Juice/Snacks
	3:30-5:00 PM	Workshop - Theme: Excellence in Relationship	'Here, There, Everywhere'	Workshop - Theme: Excellence in Relationship	Workshop - Theme: Excellence in Relationship
	5:00 - 5:15 PM	Refresh Time	Refresh Time	Refresh Time	Refresh Time
	5:15 - 5:45 PM	(Q&A - Informal Panel)	Q&A Session for BV Students	(Q&A - Informal Panel)	(Q&A - Informal Panel)
	5:45 - 6:00 PM	Bhajans session	Bhajans session	Bhajans session	Bhajans session
	6:00 - 7:15 PM	Maneesha Panchakam - Swami Swaroopananda Ji	Bala Vihar/Shishu Session 2	Maneesha Panchakam - Swami Swaroopananda Ji	Maneesha Panchakam - Swami Swaroopananda Ji
	7:15 - 7:30 PM	Aarathi & Ch.15 Chanting	Aarathi & Ch.15 Chanting	Aarathi & Ch.15 Chanting	Aarathi & Ch.15 Chanting
	7:30 - 8:30 PM	Dinner	Dinner	Dinner	Dinner
	8:30 PM onwards	Cultural Programs	Cultural Programs	Cultural Programs	Cultural Programs

MSC 2021 Program Schedule

Date	Estimated Time	Adult Session	Bala Vihar Session	CHYK Session	Setukari Session
Sunday 08/01/2021	5:00 - 5:30 AM	Yoga	-	Yoga	Yoga
	5:40 - 6:10 AM	Meditation	-	Meditation	Meditation
	6:10 - 6:40 AM	Morning Tea/Coffee	-	Morning Tea/Coffee	Morning Tea/Coffee
	6:40 - 7:00 AM	Chanting Session	-	Chanting Session	Chanting Session
	7:00 - 8:15 AM	Sthitaprajna Lakshana - Swami Shantananda Ji's Discourse	Arise & Awake 101	Facing Adversities Through Love - Swami Sarveshananda ji's & Br. Soham Chaitanya	Sadhana Panchakam - 40 Steps to Self-perfection - Swami Ishwarananda ji' Discourse
	8:15 - 8:30 AM	Announcements	Walk to Lobby	Announcements	Announcements
	8:30 - 9:30 AM	Breakfast	Breakfast	Breakfast	Breakfast
	9:30 - 9:45 AM	Bhajan Session	Walk to the assigned class rooms	Bhajan Session	Bhajan Session
	9:45 - 11:00 AM	Maneesha Panchakam - Swami Swaroopananda Ji	Bala Vihar / Shishu Session 1	Maneesha Panchakam - Swami Swaroopananda Ji	Maneesha Panchakam - Swami Swaroopananda Ji
	11:00 - 11:15 AM	Aarati/Announcements	Bala Vihar/Shishu continues	Aarati/Announcements	Aarati/Announcements
	11:15 - 12:00 PM	Presentations/ Announcements	Bala Vihar/Shishu continues	Presentations/ Announcements	Presentations/ Announcements
	12:00 - 12:15 PM	Bhagavad Gita Chapter 15 chanting	Bhagavad Gita Chapter 15 chanting	Bhagavad Gita Chapter 15 chanting	Bhagavad Gita Chapter 15 chanting
	12:15 - 1:30 PM	Lunch	Lunch	Lunch	Lunch
	1:30-3:00 PM	Reflection/Rest	Optional Art Time (SIGN-UPS at camp)	Reflection/Rest	Reflection/Rest
	3:00-3:30 PM	Tea/Juice/Snacks	Tea/Juice/Snacks	Tea/Juice/Snacks	Tea/Juice/Snacks
	3:30-5:00 PM	Workshop - Theme: Personal Excellence	'Hari OM Bingo'	Workshop - Theme: Personal Excellence	Workshop - Theme: Personal Excellence
	5:00 - 5:15 PM	Refresh Time	Refresh Time	Refresh Time	Refresh Time
	5:15-5:45 PM	Bhajan Session - Swami Siddhananda Ji	Bhajan Session - Swami Siddhananda Ji	Bhajan Session - Swami Siddhananda Ji	Bhajan Session - Swami Siddhananda Ji
	5:45 - 6:00 PM	Bhajans session	Walk to the assigned class rooms	Bhajans session	Bhajans session
	6:00 - 7:15 PM	Maneesha Panchakam - Swami Swaroopananda Ji	Bala Vihar/Shishu Session 2	Maneesha Panchakam - Swami Swaroopananda Ji	Maneesha Panchakam - Swami Swaroopananda Ji
	7:15 - 7:30 PM	Aarathi & Ch.15 Chanting	Aarathi & Ch.15 Chanting	Aarathi & Ch.15 Chanting	Aarathi & Ch.15 Chanting
	7:30 - 8:30 PM	Dinner	Dinner	Dinner	Dinner
	8:30 PM onwards	Cultural Programs / Celebration evening	Cultural Programs / Celebration evening	Cultural Programs / Celebration evening	Cultural Programs / Celebration evening

# MSC 2021 Program Schedule

Date	Estimated Time	Adult Session	Bala Vihar Session	CHYK Session	Setukari Session
Monday 08/02/2021	5:00 - 5:30 AM	Yoga	-	Yoga	Yoga
	5:40 - 6:10 AM	Meditation	-	Meditation	Meditation
	6:10 - 6:40 AM	Morning Tea/Coffee	-	Morning Tea/Coffee	Morning Tea/Coffee
	6:40 - 7:00 AM	Chanting Session	-	Chanting Session	Chanting Session
	7:00 - 8:15 AM	Sthitaprajna Lakshana - Swami Shantananda Ji's Discourse	Arise & Awake 101	Facing Adversities Through Love - Swami Sarveshananda ji's & Br. Soham Chaitanya	Sadhana Panchakam - 40 Steps to Self-perfection - Swami Ishwarananda ji' Discourse
	8:15 - 8:30 AM	Announcements	Walk to Lobby	Announcements	Announcements
	8:30 - 9:30 AM	Breakfast	Breakfast	Breakfast	Breakfast
	9:30 - 9:45 AM	Bhajan Session	Walk to the assigned class rooms	Bhajan Session	Bhajan Session
	9:45 - 11:00 AM	Maneesha Panchakam - Swami Swaroopananda Ji	Bala Vihar / Shishu Session 1	Maneesha Panchakam - Swami Swaroopananda Ji	Maneesha Panchakam - Swami Swaroopananda Ji
	11:00 - 11:15 AM	Aarati/Announcements	Bala Vihar/Shishu continues	Aarati/Announcements	Aarati/Announcements
	11:15 - 12:00 PM	Presentations/ Announcements	Bala Vihar/Shishu continues	Presentations/ Announcements	Presentations/ Announcements
	12:00 - 12:15 PM	Bhagavad Gita Chapter 15 chanting	Bhagavad Gita Chapter 15 chanting	Bhagavad Gita Chapter 15 chanting	Bhagavad Gita Chapter 15 chanting
	12:15 - 1:30 PM	Lunch	Lunch	Lunch	Lunch
	1:30-3:00 PM	Reflection/Rest	Optional Art Time (SIGN-UPS at camp)	Reflection/Rest	Reflection/Rest
	3:00-3:30 PM	Tea/Juice/Snacks	Tea/Juice/Snacks	Tea/Juice/Snacks	Tea/Juice/Snacks
	3:30-5:00 PM	Workshop - Theme: Sadhana	'There's Magic in the Air'	Workshop - Theme: Sadhana	Workshop - Theme: Sadhana
	5:00 - 5:15 PM	Refresh Time	Organized Games	Refresh Time	Refresh Time
	5:15 - 5:45 PM	Q&A (Informal Panel)	Organized Games continued	Q&A (Informal Panel)	Q&A (Informal Panel)
	5:45 - 6:00 PM	Bhajan session	Walk to the assigned class rooms	Bhajan session	Bhajan session
	6:00 - 7:15 PM	Maneesha Panchakam - Swami Swaroopananda Ji	Bala Vihar/Shishu Session 2	Maneesha Panchakam - Swami Swaroopananda Ji	Maneesha Panchakam - Swami Swaroopananda Ji
	7:15 - 7:30 PM	Aarathi & Ch.15 Chanting	Aarathi & Ch.15 Chanting	Aarathi & Ch.15 Chanting	Aarathi & Ch.15 Chanting
	7:30 - 8:30 PM	Dinner	Dinner	Dinner	Dinner
	8:30 PM onwards	Cultural Programs / Celebration evening	Cultural Programs / Celebration evening	Cultural Programs / Celebration evening	Cultural Programs / Celebration evening

## MSC 2021 Program Schedule

Date	Estimated Time	Adult Session	Bala Vihar Session	CHYK Session	Setukari Session
Tuesday 08/03/2021	7:00 AM onwards	Breakfast	Breakfast	Breakfast	Breakfast
	7:30 AM	Seating begins	Seating begins	Seating begins	Seating begins
	8:00 - 8:30 AM	Bhajan Session - Swamini Radhikananda Ji	Bhajan Session - Swamini Radhikananda Ji	Bhajan Session - Swamini Radhikananda Ji	Bhajan Session - Swamini Radhikananda Ji
	8:30 - 9:05 AM	Nama Sankirtanam	Nama Sankirtanam	Nama Sankirtanam	Nama Sankirtanam
	9:05 - 10:30 AM	Chinmaya Aradhana/Paduka Puja	Chinmaya Aradhana/Paduka Puja	Chinmaya Aradhana/Paduka Puja	Chinmaya Aradhana/Paduka Puja
	10:30-10:45 AM	Shishu Vihar Program	Shishu Vihar Program	Shishu Vihar Program	Shishu Vihar Program
	11:30 - 12:00 PM	Lunch Boxes distribution/Camp ends	Lunch Boxes distribution/Camp ends	Lunch Boxes distribution/Camp ends	Lunch Boxes distribution/Camp ends